

VIEN GIAC BUDDHIST ASSOCIATION INCORPORATED

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VIEN GIAC TEMPLE

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Vesak celebrations -Buddhist Calendar 2568 - Year of 2024 Sunday 19/05/2024 (12/04 Lunar Calendar) at 10:30 AM-2:30PM-Year of Dragon "In all of Heaven and Earth, The only the Enlightenen One worthy of honour"



"Seven lotus flowers opened up under the Englightement One's steps Three thousand worldly welcoming the Enlightment One"

Namo Sakyamuni Buddha

Dear Buddhist Followers,

Due to mankind's peacefulness that during 49 years of Shakyamuni Buddha's life, he travelled everywhere to propagate Dharma and devoting his compassion to all sentient beings.

Our Buddha indicated, that sufferings originated from our own thoughts and we ourselves could eliminate sufferings via diligently practicing Dharma by being mindfully of each moment, connecting and realizing of our individual thought as it is arising and by contemplating our thoughts in mindfulness this would help us to increase wisdom and develop deeper understanding the cause of sufferings; thus, If we have desire to escape from sufferings. For example: Consider ourselves as a patient and as a patient. We ought to strictly follow our doctors' instructions as to how/when to obliquely using medications to gain better result.

Therefore, as Buddhist decible, we should consider practicing Dharma as a form 'prescription for enlightenment', a method to control and altered hatred, ignorance and anger thought within ourselves to develop Bodhisattva mind. Such practices would help us removing from thoughts that could causes our inner self-sufferings and this could help to attain peacefulness within our mind. In return, we ourselves would bring much happiness and peacefulness to those around and to all sentient beings.

On behalf of Vien Giac Temple. We sincerely pray for Ten Directions to bless all Buddhist followers and their families with blissful health and mind, happiness, desideratum as desired and fulfilled wishes.

NAMO AMITABHA BUDDA

Abbess: Bhikkhuni Thich An Thien